The Bronx High School of Science

Student Information Packet for distribution on February 9, 2010

Contents of this packet

This packet contains information and forms to be completed by incoming students and their parents. For your convenience the list below describes the forms and deadlines and has a check-off column.

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<thead>
<tr>
<th>ITEM</th>
<th>Action to be taken by you</th>
<th>Page#</th>
<th>Check-off</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cover Letter (invitation to orientation)</td>
<td>Note the date. Make arrangements to attend. Keep the letter. (back of this page)</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Incoming Student Guide</td>
<td>Read thoroughly- the information provided may help you to complete the Bio/Academic Form. Keep for future reference.</td>
<td>3 – 24</td>
<td></td>
</tr>
<tr>
<td>Sample Absence Note</td>
<td>Keep for future use.</td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>Asthma Action Plan</td>
<td>If you have Asthma return on or before June 25, 2010</td>
<td>27</td>
<td></td>
</tr>
<tr>
<td>Child &amp; Adolescent Health Examination Form</td>
<td>Complete and return to Bronx Science on June 10, 2010 or mail by June 25, 2010</td>
<td>29</td>
<td></td>
</tr>
<tr>
<td>Sports Physical Exam Form</td>
<td>Complete and keep until your child attends “try-outs” for sports teams.</td>
<td>31-32</td>
<td></td>
</tr>
<tr>
<td>Bio/Academic Form *</td>
<td>Complete &amp; Return in envelope provided by March 5, 2010. For your convenience a pre-addressed envelope has been provided.</td>
<td>Enclosed Pg 1-4</td>
<td></td>
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</tbody>
</table>

DATES TO REMEMBER:

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 5, 2010 *</td>
<td>Bio/Academic Information Form - Mailed to Bronx Science</td>
</tr>
<tr>
<td>April 1 to May 1, 2010</td>
<td>Register for Music Auditions (if necessary)</td>
</tr>
<tr>
<td>April 1 to June 1, 2010</td>
<td>Begin Summer School Registration (optional)</td>
</tr>
<tr>
<td>Early June</td>
<td>You will receive a mailing with additional forms</td>
</tr>
<tr>
<td>June 10, 2010</td>
<td>Student Orientation – Return all forms</td>
</tr>
<tr>
<td>June 20, 2010</td>
<td>All Outstanding Forms due by mail</td>
</tr>
<tr>
<td>Late June</td>
<td>Auditions for Performing Music for students who request a musical group</td>
</tr>
</tbody>
</table>

* The Bio Academic Form is very important; please return it on-time.

A copy of this packet is available at www.bxscience.edu

(see reverse)
February 9, 2010

Dear Student,

Welcome to Bronx Science. We want to make your adjustment to your new school as smooth as possible so we have arranged a special day for you on June 10, 2010. On this day, New York City public schools will be closed for students. If you attend public school, you will have the day off. You can spend the day at Bronx Science.

On this day important placement tests will be given, photos for your Bronx Science ID card. If you cannot attend, a future date will be determined for you to take the placement tests. However, it would be best for you to attend on June 10th if at all possible.

The schedule for that day will be sent to you in May and posted on the Bronx Science website.

Sincerely,

Ms. Phoebe Cooper
Assistant Principal Organization
The Bronx High School of Science
Valerie Reidy – Principal

Incoming Student Guide

for

Class of 2014

www.bxscience.edu
A MESSAGE FROM THE PARENTS’ ASSOCIATION

Dear Parents:

Congratulations on your child’s admission to The Bronx High School of Science! Welcome to our school community. For over 70 years Bronx Science has been a paragon of excellence in secondary school education. The Parents’ Association plays an integral role by supporting programs and initiatives that make us one of the world’s finest educational institutions.

Contact Us
Your children are embarking on a journey of educational opportunities that will prepare them for a successful future. Please join them on this journey by becoming an active member of the Parents’ Association. The PA provides a forum for important school information, and helpful information about your child’s welfare and development. We support various school activities through our committees, and we recruit parents with specific skills and talents to help the school. It has been shown that student performance and success improves when parents get more involved. We welcome your participation, contribution and ideas. Please email us at any time at president@bxsciencepa.org, and visit us at www.bxsciencepa.org. We want to hear what you think!

Support Our Children!
The PA also raises money to supplement Bronx Science’s operating budget, which suffers from city-wide budget cuts. Next year severe budget cuts are planned. We need everyone to give what he or she can! The money raised is used to support the school in many ways: upgrading computer facilities, maintaining science lab equipment and materials, purchasing advanced textbooks, sponsoring college programs, supporting math and science research projects, supplying uniforms for the sports teams, upgrading the school’s security systems, etc.

Join Us!
Please join our PA e-mail list to receive important news affecting your child! To join, visit our website at www.bxsciencepa.org and sign on to the Bronx Science PA email list on the right side of the home page under “Stay Connected”.

Come to our monthly PA meetings which are usually the first Wednesday of every month at 7:00pm. Please watch our website for the date of the first meeting of the fall term in September 2010. Come and meet the many parents who work closely with the school to enrich the education of our children.

Donate!
Please send us a check to the above address made payable to ‘PA of the Bronx HS of Science’. Or if you prefer, donating online is convenient at www.bxsciencepa.org. Check with your employer to see if corporate matching gifts are available. The more we give to the school, the more the school can give to our children. The PA is a non-profit 501(c)(3) organization, and your donation may therefore be tax deductible. What better charity than your child’s school?

So please join us and support us. Your child needs you now more than ever! We look forward to seeing you soon!

Debbie Coutavas and Rama Chitti
Co-Presidents’ Bronx High School of Science Parents’ Association
A MESSAGE FROM THE PRINCIPAL

The Bronx High School of Science
75 WEST 205TH STREET
BRONX, N. Y. 10468

VALERIE REIDY
PRINCIPAL

www.bxscience.edu

Spring 2010

Dear Member of the Class of 2014,

Welcome to The Bronx High School of Science. You have been accepted as a student in a world-renowned center for educational excellence because you are superior students and special young people. We are eager to make you a member of our school community by making sure that your transition into this new environment goes smoothly.

There is much that we want you to learn about the school (including how to find your classes on the first day). We also want to make sure that your program and course selections are appropriate and meet your needs. In order to ensure that your first days of school are orderly and stress free, we are asking that all incoming students attend a one day orientation program to be held on June 10th.

I do feel that participation in the events of this day, although not mandatory, will reduce the period of adjustment to your new school and allow you to quickly become a full-fledged “Science-ite.”

I look forward to meeting and working with you. We are the best school in the world because we educate the best students in the world --- YOU!!

Sincerely,

Valerie J. Reidy
Principal
THE ENGLISH DEPARTMENT

FRESHMAN WRITING SEMINAR - Freshman will be scheduled for a one term Freshman Writing Seminar which is meant to strengthen writing skills and develop advanced high school level writing skills. The course is taken either in the fall or spring term opposite the Research Literacy Course.

READING LIST - We recommend that you read some of the following books in your free time. For your summer reading assignment you will be required to read Ray Bradbury's Fahrenheit 451 and be prepared for your ninth grade English teacher to follow up on your reading of this book in September. In addition, two other books from the list should to be read for enrichment this summer.

<table>
<thead>
<tr>
<th>TITLE</th>
<th>AUTHOR</th>
<th>TITLE</th>
<th>AUTHOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Hitchhiker’s Guide to the Galaxy</td>
<td>Adams</td>
<td>Les Miserables</td>
<td>Hugo</td>
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<tr>
<td>Tuesdays with Morrie</td>
<td>Albom</td>
<td>The Hunchback of Notre Dame</td>
<td>Hugo</td>
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<tr>
<td>Undaunted Courage</td>
<td>Ambrose</td>
<td>Into the Wild</td>
<td>Krakauer</td>
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<tr>
<td>I Know Why The Caged Bird Sing</td>
<td>Angelou</td>
<td>Into Thin Air</td>
<td>Krakauer</td>
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<tr>
<td>The Foundation Trilogy</td>
<td>Asimov</td>
<td>The Spy Who Came in From the Cold</td>
<td>LeCarre</td>
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<tr>
<td>The Long Walk</td>
<td>Bachman</td>
<td>China Boy</td>
<td>Lee</td>
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<tr>
<td>Go Tell It On the Mountain</td>
<td>Baldwin</td>
<td>The Green Mile</td>
<td>King</td>
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<tr>
<td>The Adventures of Augie March</td>
<td>Bellow</td>
<td>Elmer Gantry</td>
<td>Lewis</td>
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<tr>
<td>Dandelion Wine</td>
<td>Bradbury</td>
<td>The Sea Wolf</td>
<td>London</td>
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<tr>
<td>Fahrenheit 451</td>
<td>Bradbury</td>
<td>The Natural</td>
<td>Malamud</td>
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<tr>
<td>Room At The Top</td>
<td>Braine</td>
<td>Angela’s Ashes</td>
<td>McCourt</td>
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<tr>
<td>Andorra</td>
<td>Cameron</td>
<td>The Heart is a Lonely Hunter</td>
<td>McCullers</td>
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<tr>
<td>Death Comes For The Archbishop</td>
<td>Cather</td>
<td>Tar Baby</td>
<td>Morrison</td>
</tr>
<tr>
<td>Life and Death in Shanghai</td>
<td>Cheng</td>
<td>A Book of Memories</td>
<td>Nadas</td>
</tr>
<tr>
<td>Year of Impossible Goodbyes</td>
<td>Choi</td>
<td>Portrait of Jenny</td>
<td>Nathan</td>
</tr>
<tr>
<td>And Then There Were None</td>
<td>Christie</td>
<td>The Last Hurrah</td>
<td>O’Connor</td>
</tr>
<tr>
<td>The Great Santini</td>
<td>Conroy</td>
<td>Coming Up for Air</td>
<td>Orwell</td>
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<tr>
<td>Fade</td>
<td>Cormier</td>
<td>The Street</td>
<td>Petry</td>
</tr>
<tr>
<td>The Great Train Robbery</td>
<td>Crichton</td>
<td>Davita’s Harp</td>
<td>Potok</td>
</tr>
<tr>
<td>Jurassic Park</td>
<td>Crichton</td>
<td>The Fortunate Pilgrim</td>
<td>Puzo</td>
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<tr>
<td>Beyond This Place</td>
<td>Cronin</td>
<td>A Country of Strangers</td>
<td>Richter</td>
</tr>
<tr>
<td>Child of Our Times</td>
<td>Del Castillo</td>
<td>Blue Heron</td>
<td>Ross</td>
</tr>
<tr>
<td>Three By Annie Dillard</td>
<td>Dillard</td>
<td>The God of Small Things</td>
<td>Roy</td>
</tr>
<tr>
<td>World’s Fair</td>
<td>Doctorow</td>
<td>Scaramouche</td>
<td>Sabatini</td>
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<tr>
<td>Billy Bathgate</td>
<td>Doctorow</td>
<td>The Last of the Just</td>
<td>Schwarz-B</td>
</tr>
<tr>
<td>A Yellow Raft in Blue Water</td>
<td>Dorris</td>
<td>Lord Valentine’s Castle</td>
<td>Silverberg</td>
</tr>
<tr>
<td>Rebecca</td>
<td>DuMaurier</td>
<td>Bronx Primitive</td>
<td>Simon</td>
</tr>
<tr>
<td>Time and Again</td>
<td>Finney</td>
<td>The Cage</td>
<td>Sender</td>
</tr>
<tr>
<td>The Finishing School</td>
<td>Godwin</td>
<td>Utopia Parkway</td>
<td>Solomon</td>
</tr>
<tr>
<td>Memoirs of a Geisha</td>
<td>Golden</td>
<td>The Prime of Miss Jean Brodie</td>
<td>Spark</td>
</tr>
<tr>
<td>I Never Promised You a Rose Garden</td>
<td>Greenberg</td>
<td>The Confessions of Nat Turner</td>
<td>Styron</td>
</tr>
<tr>
<td>Brighton Rock</td>
<td>Greene</td>
<td>The Other</td>
<td>Tryon</td>
</tr>
<tr>
<td>Death Be Not Proud</td>
<td>Gunther</td>
<td>A Saturday Life</td>
<td>Hall</td>
</tr>
<tr>
<td>The Maltese Falcon</td>
<td>Hammett</td>
<td>The Number of the Beast</td>
<td>Heinlein</td>
</tr>
<tr>
<td>Stranger in a Strange Land</td>
<td>Heinlein</td>
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</tr>
</tbody>
</table>
A TYPICAL FRESHMAN PROGRAM

1. **English** - 5 periods a week for a full year
2. **Social Studies** – 5 periods a week for a full year
3. **Biology** – 7 periods a week for a full year
   
   Note:
   - Honors Biology meets for 10 periods/week
   - Students who have passed the Living Environment Regents exam will be scheduled for Chemistry.
4. **Mathematics** – 5 days a week for a full year
5. **Foreign Language** - 5 days a week for a full year
6. **Research Literacy** - 5 days a week for one term either Spring or Fall (flips with Writing Seminar)
7. **Writing Seminar** - 5 days a week for one term either Spring or Fall (flips with Research Literacy)
8. **Physical Education** – 3 days/week (usually “meshes” with science lab which is 2 days a week)
9. **Lunch** - 5 periods a week for a full year – Math Team may be taken in lieu of lunch
   (Students may eat lunch in the math team classroom.)

A TYPICAL INCOMING SOPHOMORE PROGRAM

1. **English** - 5 periods a week for a full year
2. **Social Studies** – 5 periods a week for a full year
3. **Chemistry** – 7 periods a week for a full year
4. **Mathematics** -5 periods a week for a full year
5. **Foreign Language** -5 periods a week for a full year
6. **Art** or **Music** - 5 periods a week for one year
7. **Physical Education** -3 periods a week (usually meshes with science lab which is 2 days a week)
8. **Technology** or **Science Research** or **Computer Science**
9. **Lunch** -5 periods a week for a full year – Math Team replaces lunch (eat lunch there)

NOTE: Research Literacy and Writing Seminar may be waived for incoming sophomores.

*Descriptions of the courses listed above, and all Bronx Science course offerings, are available at [www.bxscience.edu](http://www.bxscience.edu), click on Publications, then on Course Catalog.*
THE SOCIAL STUDIES DEPARTMENT

Four years of Social Studies is required for graduation. The requirement may be satisfied either by Regents classes or by Advanced Placement classes. The following courses are the typical sequence of classes:

- 9th grade Global History 1+2 which is world history from the beginning of time to 1815.
- 10th grade Global History 3+4 covers from 1815 to the present day.
- 11th grade includes American History from the Revolution to the present.
- 12th grade social studies includes:
  - one term of Participation in Government
  - one term of Economics

The Social Studies Department offers numerous advanced placement courses including: World History (9th grade), European History (10th grade), Human Geography (10th grade), American History (11th grade), Government (12th grade), Comparative Government (12th grade), Micro-economics (12th grade), Macro-economics (12th grade).

FRESHMAN ADVANCED PLACEMENT WORLD HISTORY

The Social Studies department offers a wide range of Advanced Placement courses and electives beginning in the freshman year. Ninth graders had the opportunity to apply for Advanced Placement World History which satisfies the 9th Social Studies requirement. Students are selected for AP World History course based on their score on the Specialized High School Entrance Exam, English Placement Exam and Junior High School Grades.

Questions regarding the social studies department may be directed to:
Mr. David Colchamiro  
Assistant Principal – Supervision  
Social Studies Department  
The Bronx High School of Science  
75 West 205 Street  
Bronx, NY 10468

By phone – 718-817-7786  
By e-mail - colchami@bxscience.edu
THE SCIENCE DEPARTMENTS

BIOLOGY AND PHYSICAL SCIENCE COURSES FOR INCOMING STUDENTS

By the end of their junior year all students must have completed one year each of biology, chemistry and physics. In the senior year (and sometimes also in the junior year) students may elect to take an additional course in science.

1. **Regents Biology** - Incoming freshman students will be scheduled for Regents Biology except as noted below. Regents Biology meets for 7 periods per week which includes two periods of laboratory work. The course culminates in the Biology Regents examination in June.

2. **Honors Freshman Regents Biology** – Students are selected based on a placement exam given at Incoming Student Orientation on June 10th. This class meets 10 periods a week. This course is both more intensive and more extensive than the Regents Biology Course. It includes extended laboratory investigations.

3. **Students who have completed Regents Biology (Living Environment)** and passed the Regents exam in the 8th grade will be placed in Regents Chemistry class which meets 7 periods a week, including 2 periods of laboratory. In their sophomore year they will take Advanced Placement Biology; junior year they will take Physics.

4. **Honors Freshman Regents Chemistry** – Students are selected based on the mathematics placement test given at Incoming Student Orientation on June 10th. This class meets 10 periods per week which includes two periods of laboratory work and additional enrichment labs and science projects. Students will also participate in science competitions.

5. **Research Literacy** – A required course for freshmen. Students who take honors science may be exempted from Research Literacy and Writing Seminar at the discretion of the administration. Research Literacy is a one-term course where students learn how to follow the scientific method, use computers as a tool for research and write scientifically. Students will be scheduled for this course in either the Fall or Spring Term.

**PLEASE NOTE** - Regents Earth Science does not fulfill the science requirements at Bronx Science.

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Questions about the biology department may be directed to:
Dr. Jean Donahue  
Assistant Principal Supervision  
Biology Department  
The Bronx High School of Science  
75 West 205 Street  
Bronx, NY 10468

By phone – 718-817-7714  
By e-mail - donahue@bxscience.edu

Questions about the physical science department may be directed to:
Ms. Annelisse Falzone  
Assistant Principal Supervision  
Physical Science Department  
The Bronx High School of Science  
75 West 205 Street  
Bronx, NY 10468

By phone 718-817-7717  
By e-mail falzone@bxscience.edu
THE MATHEMATICS DEPARTMENT

All incoming students must take a Mathematics Placement Exam. Course placement is based on the Placement Exam results, Specialized High School Entrance Exam scores, Regents scores, and previous course work.

The Mathematics Placement Exam will be administered to all incoming students during orientation Bronx Science on June 10th, 2010.

Planning for the placement exam The Mathematics Placement Exam is primarily a test of algebra skills. You may access the sample questions on the school website by following these steps:
2. Click on the “Departments” tab.
3. Select Mathematics.
4. Click on the “Practice Placement Exam” bullet.
5. Select Practice Placement Exam.pdf.

Things you need to know regarding the placement exam
- Students should bring several #2 pencils.
- Calculators are not allowed.
- The exam is one hour long.
- Students are encouraged to take the exam on June 10th, 2010, if at all possible. Students who cannot attend on June 10th, 2010, may register for a make-up exam by email (date to be determined). To register for the make-up, email Mr. Perna at perna@bxscience.edu, write “PLACEMENT EXAM MAKE-UP” in the subject line, and the student’s name in the text.
- Students who do not take the placement exam will be scheduled for M1 - Algebra.

The Math Team
- Students who request math team must take and pass a preliminary qualifying exam on June 10th, 2010. A level 2 qualifying exam will be administered after the beginning of classes in September.
- Math Team is a credit bearing, non-graded course. The team meets up to five days a week during a lunch period. Students eat in the Math Team room.
- Students who are unable to take the qualifying exam on the scheduled date should send an email to strauss@bxscience.edu after June 10th, 2010, to request a make-up test. Write “MATH TEAM” in the subject line and list the student’s name in the text.

Questions may be addressed to Ms. Rosemarie Jahoda, AP at jahoda@bxscience.edu
THE MUSIC DEPARTMENT

GRADUATION REQUIREMENT for “the Arts”

All students must take one (1) year of “the Arts” in order to graduate. The “Arts” include visual art, AP Art History, music, performing groups, theater arts, and photography. Students may fulfill the Arts requirement for graduation at any time in their high school career.

AUDITIONS FOR PERFORMING MUSIC CLASSES

Students who have prior training in an instrument or in voice are invited to join one of the Bronx Science Performing Music classes. Note: In order to participate in instrumental ensembles students must read music fluently.

- Performing Music classes include:
  - Chorus
  - Orchestra
  - Concert Band
  - Jazz Band

- Auditions: Students who would like to join a performing music class must register for an audition on-line by May 1, 2010.
  - Register for an audition by going to: www.bxscience.edu
  - On the right side of the page click AUDITION REGISTRATION.
  - Complete the form.

- Auditions will be scheduled for late June.

- The audition schedule will be posted on the Bronx Science website in mid-June. Every attempt will be made to avoid conflicts between audition appointments and Regents examinations, graduations and other school commitments. In the event that there is a conflict, please e-mail Mr. DiSilva at desilva@bxscience.edu or call Ms. Rocchio, Assistant Principal/Supervision – Music and Foreign Language at 718-817-7723.

- If you need more information please contact Ms. Rocchio, Assistant Principal/Supervision – at 718-817-7723 or email Ms. Rocchio at rocchio@bxscience.edu
Choosing a Foreign Language

Welcome to the Bronx Science family. You will be completing an Academic Biography form shortly. Please use the following guide to assist you in choosing a foreign language.

Incoming freshmen have TWO choices:

<table>
<thead>
<tr>
<th>1) Begin a new language (Chinese, French, Italian, Japanese, Latin, Spanish)</th>
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</thead>
<tbody>
<tr>
<td>OR</td>
</tr>
<tr>
<td>2) Continue studying the language they have studied in Junior High School, at an intermediate/advanced level (Chinese, French, Hebrew, Italian, Japanese, Latin, Modern Greek, Spanish)</td>
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</tbody>
</table>

Use the informational checklist below to help make your decision:

- Students are REQUIRED to take foreign language at Bronx Science for at least TWO YEARS in our building and complete a Regents exam in that language.
- Students MUST list three choices for language classes. If students are given one of their choices, they will not be permitted to change languages later. If forms do not list three choices, students will be programmed at random.
- Language classes at Bronx Science are designed and taught as Second Language classes. We do not offer “native” or “heritage” track courses. Students who enter the school with native or near-native proficiency will not be permitted to take beginning level courses. They can place into upper-level courses on a case-by-case basis.
- Students must COMMIT to one language. For example, if students decide to BEGIN studying a language at LEVEL ONE, they must take that language for THREE years at Bronx Science to complete the REGENTS sequence. If they CONTINUE a language they studied in junior high, they must take that language for TWO years at Bronx Science. Students cannot “switch” languages.
- Parents should allow students to CHOOSE! The motivation for choosing one language over another is different for every student. This is the perfect opportunity for your child to choose a language that was not offered in his/her junior high school. Students traditionally do better in language classes that they have chosen on their own!
- Placement into intermediate level courses is determined by the following: Students who have formally studied a minimum of TWO years of a language in junior high school (at least four days a week) and have achieved an average grade of 85 in the language over those two years will be placed into INTERMEDIATE level. Students with only one year of language or those who have an average below 85 will be placed in beginning level.
THE HEALTH AND PHYSICAL EDUCATION DEPARTMENT

- In order to graduate, every student must take and pass Physical Education every term they are in attendance (8 terms). Students are scheduled for a Physical Education class each term in order to meet this requirement.

- Students must pass one (1) term of Health Education in order to meet the graduation requirement. Students are usually scheduled for this class in their junior year.

- Included in this packet is the required form to participate on a PSAL (Public School Athletic League) team. The PSAL will not accept any other form as proof of the physical. It should be handed in to the coach during tryouts.

- Please note that there are two (2) physical examination forms in this mailing:

  1. The **Child and Adolescent Health Exam Form (CH-205)** – return this on Orientation Day or mail to School Nurse – The Bronx H.S. of Science, 75 West 205 St. Bronx, NY 10468

  2. The **PSAL Physical** – Do not return this form to the school yet, keep it until your child tries out for a team. (This will avoid a trip to the doctor for a second physical.)
The role of the Guidance Office is to support the academic and emotional needs of our students. Students are assigned a guidance counselor when they enter Bronx Science. Counselors meet with students throughout the year to discuss various issues including: adjustment to high school, time management, study skills, career exploration, graduation requirements and college preparation. In addition, students are required to meet with their counselors annually to review and sign their transcript and plan for the next academic year. The Guidance Office is also a resource for parents. Guidance Counselors serve as liaisons to the many resources available within the school.

The College Process

The Bronx High School of Science is a college preparatory school. It is our expectation that all of our graduates will attend a four year college program. The College Office serves our students by guiding them through the college admissions process. Our students, who are known for being among New York’s top scholars, athletes, scientists, and humanitarians, apply to colleges and universities across the United States and abroad. The College Office supports students in all aspects of the college process, including college selection, the application process, and finally, college choice. By providing individualized attention, the College Office strives to connect each student with the college that best fits his or her needs, talents and dreams.

In junior year the formal college selection process begins. Working with parents and teachers, the guidance counselor writes to each college on behalf of the student. Students and parents can track the progress of the college process through a web-based college-planning called Naviance. Students will receive a Naviance account in their freshman year and parents will be able to see their child’s account after the student logs in for the first time and gives parents permission to open an account.

The College Office schedules trips to a variety of East Coast colleges. In addition, each Fall, over a hundred colleges and universities send representatives to Bronx Science to recruit students.

The College Office recognizes that we are working with an exceptionally talented student population and it is our mission to provide sound counseling and advice throughout the college process.

The Guidance/College offices are located in Room 035.

Please visit our guidance and college page on the website: www.bxscience.edu
SUMMER SCHOOL

2010 INCOMING STUDENT SUMMER SCHOOL REGISTRATION

Incoming students may take summer courses. These courses are regular high school courses and will appear on the high school transcript. Students who take art, music or health education “free-up” time in their school day so that they may take additional courses and may have free time during the day.

Summer session runs from the beginning of July until the middle of August from 8:00 AM to 1:00 PM every day (firm dates will be posted on the Bronx Science website in early June.) Since Summer School courses are very intensive, it is crucial that students be present and on-time. NOTE: The grades are recorded on High School Transcript which will be sent to colleges during the application process.

Summer School Registration will be done on-line beginning in April.

Register by going to:

www.bxscience.edu
on the right side of the page click SUMMER SCHOOL REGISTRATION
complete the form and you will receive a confirmation within 24 hours.

Students who attend summer school will take:
  Art Appreciation (satisfies high school art requirement and is recorded on high school transcript)
  Music Appreciation (satisfies high school art requirement and is recorded on high school transcript)
  Health Education (satisfies high school health requirement and is recorded on high school transcript)

Questions may be directed to:
Phoebe Cooper, Assistant Principal Organization – 718-817-7710

Note: As of this date we intend to offer summer school. Though it is unlikely, there is always a possibility that we may not be able to offer summer school based on Department of Education budget restrictions.
Spring, 2010

Dear Parent:

If your child has a medical condition, such as asthma, diabetes or any medical problem that makes it necessary for him/her to receive medication or skilled nursing care during school hours, I am available to do so. The Department of Education requires that a 504 packet be completed in order to receive these services. This form is available in the Emergency Room, 049, and can be picked up during school hours. You can also call us, 718-817-7746, Monday though Friday, from 8:30 AM- 3:30 PM to request that this packet be sent to your home. This should be done before June 20th. All 504 packets should be returned to the Bronx High School of Science, attention the School Nurse.

All entering students are required to have a complete physical and to be up to date with their immunization. In addition, all students new to the NYC Public schools are required to submit proof of a recent TB test. After completing the parent/guardian’s section of the Child and Adolescent Health Exam Form (form CH-205), please bring it to your child’s pediatrician. (Before sending it back to school, make sure that your physician filled out the entire physical and that it is signed, dated, and stamped.)

We have also included the PSAL sports physical form which all students must have in order to participate and/or try out for after school sports. It is recommended that your physician completes this form at the same time that the Child and Adolescent Health Exam Form is included. The sports physical form should be handed in when your child tries out for a team.

In the event that your child becomes severely ill or injured and requires advanced medical care, EMS will be called. He/she will be transported to the nearest hospital for treatment. Therefore, it is imperative that you provide the school with emergency contact names and telephone numbers on the Blue Data Collection Sheet which will be mailed to you in the spring.

Thank you.

Charlene Morse
School Nurse
Dear Parents,

The Bronx High School of Science primarily uses email to communicate with our students and parents/guardians.

If you do not have an email address you can sign up for free email service (see below).

Here is a sampling of some of the free email services you can sign up for:

- Gmail:  www.gmail.com  Click “Create an Account” on the lower right
- Yahoo:  mail.yahoo.com  Click “Sign Up” on the lower right
- AOL:  mail.aol.com  Click “Get Free Mail” on the left

You should periodically visit the Bronx Science website, where we also post important information:  www.bxscience.edu

Sincerely,

Daniel Ranells
Director of Information Technology
STUDENT RESPONSIBILITIES

Department of Education policy regarding hats & headgear states:
Students may not wear any hats or headgear in the building. (Religious observance and health-related headwear are exempt with appropriate documentation submitted to your guidance counselor).

Chancellor’s Regulations regarding gambling and electronic devices:
Students may not play games of chance on school property. Cell phones and other electronic devices are prohibited in the school or on school grounds. These devices will be confiscated.

Building-wide Policies:
1. Students may not chew gum in the building.
2. Appropriate dress is required for all students.
   a. Clothing should not be distracting or offensive to other members of the Bronx Science community.
   b. Clothing that degrades religion, race, or sexuality is prohibited.
   c. Clothing that promotes drug use or offensive language is not allowed in the building or on school grounds.
   d. Undergarments must not be visible and tops and bottoms of outer garments must meet or overlap.
3. All students must carry their ID cards at all times.

The Cafeteria:
Students must clean-up after themselves in the cafeteria. The Student Cafeteria is shared by the entire student population. It is important that all students enjoy a clean, healthy and safe environment where they can relax and socialize. Toward that end, the following guidelines must be observed:
1. Students who may have a free period should:
   a. go to the cafeteria, or
   b. go to the Study Hall in the Auditorium, or
   c. serve on a squad and earn service credit, or
   d. go to the Library
2. Students may eat in the cafeteria or the courtyard, but may not take food out of the cafeteria to other parts of the building.
3. Students who are part of special programs that require them to eat lunch outside the cafeteria must obtain a special pass from their teacher (for a cold lunch only).
4. Wherever students eat, all garbage must be placed in appropriate containers. Tables must be cleaned and the area surrounding your lunch table must be litter-free.
5. Students may not eat in classrooms or hallways.

Additional Questions:
All additional questions including those about MetroCards, free and reduced lunch and lockers will be addressed at Incoming Student Orientation on June 10, 2010.
THE ATTENDANCE OFFICE

STUDENT ATTENDANCE - Students are expected to attend school every day and attend every scheduled class. Bronx Science has an attendance rate over 97% therefore students who are absent more than 5 days per year are considered to be excessively absent. When questions arise about attendance you may contact the Attendance Office or the student’s Guidance Counselor. When students are expecting a program correction, they must follow their current program until they receive the official notice of change.

BIOGRAPHICAL INFORMATION DATA
A Blue Data Collection Sheet will be mailed to you in the spring. Please complete and return it to the school at orientation or by mail (follow instructions included with sheet). This enables us to contact parents in the event of an emergency which precludes the use of computer services.

ABSENCES
When a student is absent, parents must call the attendance office at 718-817-7762 before 9:00 AM to report the absence. A Bronx Science absence note, signed by the parent/guardian “must” be brought to the attendance office before their first class on the day of return. A sample absence note is included in this package. The official “Bronx Science Absence Note” can be printed from the Bronx Science website (www.bxscience.edu) by clicking on Students, Attendance and then click on “absence note”. If a doctor treats the illness, a doctor’s note should be attached to the absence note. Part A (top portion) of the absence note must be brought into the Attendance Office (Room 029) immediately upon return to school. Part B (bottom portion) should be signed by student’s teachers and retained by student for future reference.
Absences are reported to parents by computer generated phone calls on the day of the occurrence. If parents are unaware of the absence, they should call the Attendance Office at 718-817-7762.

CUTTING CLASS
Students are expected to attend every class for which they are scheduled. When a student is marked present in school and absent from class a “cut” is generated. Please be aware that cutting is often an early indication of a developing problem and is therefore treated very seriously by the faculty and staff. Students are assigned detention for infractions of the cutting policy. Students who “cut” a test or quiz will earn a “0”. Students and parents receive a weekly e-mail report enumerating their absences, cuts and detentions.

LATENESS to School or lateness to class:
Students should arrive at school at least 10 minutes before their first period begins because ID Cards are checked for all entering students. Students who arrive after the beginning of their first class must procure a “Late Pass.” Late Passes are available in the student cafeteria until 10 A.M. Students who arrive at school after Period 3 must procure a “Late Pass” in the Attendance Office, (Room 029) before going to class. Please note that a Late Pass Does Not Excuse Lateness, it merely records it. Lateness, which causes a student to miss an entire class, is considered a “cut.” Excessive lateness may result in disciplinary action such as detention.

OUT OF BUILDING PROCEDURES – (EARLY RELEASE FROM SCHOOL)
Occasionally it is necessary for a student to leave the building for an appointment. Students may leave early only after obtaining an Out of Building Pass (OB Pass) in the deans’ office, Room 032. Students must bring in a parental note the day before the student is to be released and the parent must be available by phone for to verify the release. Students who leave the building without receiving an Out of Building Pass will receive detentions for every class missed.

EXTENDED VACATIONS – While we understand the importance of families spending time together as well as the need to observe religious holidays, please know that absences can have a negative impact on your child’s education. Absences that occur, even for reasons you may justify as necessary, will affect your child academically as he/she misses important lessons essential to his/her academic development.

It is with this concern that we request that you please adhere to the following:

- Students must be in attendance every day before the start of a holiday or vacation.
- Students must be in attendance the day after the end of holidays or vacations.
- Absences require a note. Extended absences of three or more days require a doctor’s note.
- Teachers are not required to create special lessons for students who extend their vacation.
- Excessive undocumented absences may be considered educational neglect, with reporting of such mandated by New York State.
The Bronx High School of Science Computer and Internet Acceptable Use Policy

Access to computer systems and networks owned or operated by The Bronx High School of Science (BHSS) of The New York City Department of Education (DOE) imposes responsibilities and obligations and is granted subject to Department of Education and school policies, and local, state, and federal laws. Appropriate Use should always reflect academic honesty, high ethical and moral responsibility and show restraint in the consumption of shared resources. Appropriate use demonstrates respect for intellectual property, ownership of data, system security mechanisms, and for individuals' rights to privacy and rights to freedom from intimidation, harassment and unwarranted annoyance.

1. **Appropriate Use of the System** Given Bronx Science's educational mission and the need to provide all users fair and reasonably equitable access to the system resources, the following statements describe both appropriate and inappropriate use of computer resources: IMPORTANT - If you have question or need clarification concerning any of the policy, you should contact the Management of Information Systems Department (MIS) in Room 134 BEFORE ATTEMPTING TO USE THE SYSTEM.

Files owned by individual users are to be considered private, whether or not they are accessible by other users. The ability to read a file does not imply the permission to read or use that file.

- Do use ONLY use your own user name and password to access the log in. You may not allow other users to use you user name and password to log in. This is for you own protection as well as the protection of the system in general. You are responsible for any and all activity initiated in or on any Bronx Science system by your account.
- Do keep you password confidential. Our security software will require that you change it at regular intervals. It should not be a dictionary word or common phrase.
- Do manage your use of system resources so as to minimize the impact of you activities on other users. Use only the resources that you need to complete your activity. Learn how to use the resources efficiently.
- Do modify only files belonging to you and files to which you have group write access to. Create them only in you own directories unless given explicit permission to use other directories. Merely having write or execute capability enabled on a file or directory does not constitute explicit permission. Users are responsible for protecting their own files and data from reading and/or written by other users.
- Do use the system resources ONLY for valid educational purposes.
- Do modify only files belonging to you and files to which you have group write access to. Create them only in you own directories unless given explicit permission to use other directories. Merely having write or execute capability enabled on a file or directory does not constitute explicit permission. Users are responsible for protecting their own files and data from reading and/or written by other users.
- Do use your use of system resources ONLY for valid educational purposes.
- Do refrain from deliberately engaging in activities that are intended to hinder another user's ability to do their work. You have the right not to be harassed while using the computer facilities. Harassment in the form of physical, verbal, electronic or any other form of abuse will not be tolerated. Harassment should be reported to a teacher or the systems administrator immediately.
- Do NOT transmit or store any information, which contains obscene, indecent, lewd or lascivious material, or other material, which explicitly or implicitly refers to sexual conduct.
- Do NOT transmit information which contains profane language or panders to bigotry, sexism, or other forms of discrimination; this includes files in any and all directories that are group or world-readable.
- Do NOT use computer programs to decode passwords or access control information.
- Do NOT attempt to circumvent or subvert system security measures.
- Do NOT engage in any activity that might be harmful to systems or to any information stored thereon, such as creating or propagating viruses, disrupting services, or damaging files.
- Do NOT develop or use programs that attempt to consume all of available system resources (memory, swap space, disk space, network bandwidth, etc.)
- Do NOT use mail or messaging services to harass, intimidate, or otherwise annoy another person, for example, by broadcasting unsolicited messages or sending unwanted mail.
- Do NOT use the school's systems for financial gain and/or for profit. If in doubt, ask the systems administrator first.
- Do NOT create, modify, execute or retransmit any computer program or instructions intended to obscure the true identity of the sender of electronic mail or electronic messages including, but not limited to, forgery of messages and/or alteration of system and/or user data used to identify the sender of messages. Deliberate alteration of system files is vandalism or malicious destruction DOE property.
- Do abide by the Internet policies, BHSS school policies, and local, state, or federal statutes and regulations concerning the use of computing facilities.
- Do NOT engage in any other activities that fail to comply with the general principles presented above.
The Bronx High School of Science Computer and Internet Acceptable Use Policy (continued)

Individuals who use computers and/or the network inappropriately are subject to disciplinary action by BHSS, DOE, City, State and Federal authorities.
Misuse of computer resources is not limited to incidents involving only BHSS equipment. In appropriate use of computing facilities external to our network, but accessed through or by our network will be considered an inappropriate use of our network.

2. Work Priorities: The network is an intensively used resource. Network users must abide by the following priority system: Priority Type of Work
   i) System Maintenance by the system Administrator
   ii) Completion of student’s course assignments
   iii) Faculty use
   iv) E-mail
   v) All other work

If you have work of higher priority than a user occupying a seat, you have the right to ask that user vacate the seat. The activity of the user occupying the seat should be used to determine relative priorities of you and their activity. This means that if you mix activities of differing priorities, you run the risk of losing your seat and not being able to complete you higher priority work because you may be asked to vacate your seat while you are engaged in a lower priority activity.

3. Games - Playing games is prohibited.

4. E-Mail - The systems administrator may regulate the content of private, electronic mail communication between users when necessary.

5. Privacy - The systems administrator, in order to preserve the integrity or operational state of the network, may look at data or files on the system. You should be aware that no computer security system, no matter how elaborate, can absolutely prevent a determined person from accessing stored information that they are not authorized to access. Thus, we cannot guarantee the privacy of confidentiality of any information stored on it. Information that must remain confidential, you should not store it on the network. The Bronx High School of Science reserves the right to read and/or remove any files on the system without prior notification to system users. Preventing Access by Others

Leaving your workstation unattended is dangerous to you personal files, reputation, and to system security. Log off or lock your workstation to protect your account.

Network Policy Enforcement Guidelines Depending on the nature and severity of the policy violation, the systems administrator may take one or more of the following disciplinary actions:

a. Verbal, written, or electronic mail warning.
b. Disciplinary probation.
c. Temporary access denial (lockout).
d. Permanent access revocation.
e. Alternative punishment not involving access or usage restrictions.

If warranted the systems administrator will refer the case to an appropriate school, Local, State, or Federal authority for further disposition.

Evidence of attempted or actual system security, integrity, or performance related incidents will be cause of immediate access denial. The purpose of access denial in these cases is to prevent further damage to the system or data while an investigation is conducted. The user or users involved will be required to meet with the Dean of students. Demonstrated intent to violate policy will be considered the same as an actual policy violation. Demonstrated intent means evidence of actions, which, if successful or if carried out as intended, would result in a policy violation. Disclaimer: The Bronx High School of Science will make every effort to maintain the network so that each user has equal and fair access. It is our primary concern to make this network a friendly, and cohesive virtual user community; we take no responsibility for the accuracy or security of information contained in any user or public file or directory. We will make every effort to maintain the security and integrity of our system. We cannot guarantee the security and ultimate privacy of any material stored on the network. We take no responsibility for the loss of data, files, or information on the network. Abandoned

Accounts: Accounts that are unused for six months will be considered abandoned and will be deleted without prior notice to the user.
THE BRONX HIGH SCHOOL OF SCIENCE PARENT COORDINATOR

The Parent Coordinator works on-site at the Bronx High School of Science and is responsible for encouraging and promoting active involvement of families in their children's education and making school more welcoming to the families. In addition to the Principal and the staff, the Parent Coordinator is an important point of contact for families of the school community. Unlike parent volunteers working in a school, the Parent Coordinator is on staff and can work within the school to direct the families to the appropriate places where they can access the information they are seeking.

Who is the Parent Coordinator at Bronx High School of Science?
Ms. Cynthia Golan

How can Ms. Golan be contacted?
You can contact Ms. Golan in the following ways:

  E-mail:  
golanc@bxscience.edu

  Department of Education cell phone:  
  347-563-4846

  Office phone number:  
  718-817-7700 ext 3332

Please note: If you are unable to reach the Parent Coordinator directly, please leave a phone message and/or send an email. Ms. Golan will get back to you as soon as possible, usually within 24 hours.
The Bronx High School of Science
Valerie Reidy – Principal
75 West 205th Street
Bronx, NY 10468

Tel - 718.817.7700
www.bxscience.edu

CONTACTS

You may address questions to the appropriate assistant principal (A.P.) listed below via e-mail or by telephone.

Art - Mr. Levy, A.P. (718) 817 – 7701 levy@bxscience.edu
Biology - Dr. Donahue, Assistant Principal (718) 817 – 7714 donahue@bxscience.edu
English - Ms. Fernandez, A.P. (718) 817 – 7707 fernande@bxscience.edu
Foreign Language - Ms. Rocchio, A.P. (718) 817 – 7723 rocchio@bxscience.edu
Mathematics – Ms. Jahoda, A.P. (718) 817 – 7726 jahoda@bxscience.edu
Music – Ms. Rocchio, A.P. (718) 817 – 7723 rocchio@bxscience.edu
Physical Education – Ms. Diubaldo, Coord. (718) 817 – 7769 diubaldo@bxscience.edu
Physical Science - Ms. Falzone, A.P. (718) 817 – 7717 falzone@bxscience.edu
Social Studies -Mr. Colchamiro, A.P. (718) 817 – 7786 colchami@bxscience.edu
Technology - Mr. Levy, A.P (718) 817 – 7701 levy@bxscience.edu

Check the website www.bxscience.edu for updates and more information.
For your convenience the official Bronx Science Absence Note is reproduced below. You may duplicate this page as necessary or go to www.bxscience.edu click on students, then on attendance, then on absence notes.

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### PART A

**The Bronx High School of Science**

**ABSENCE NOTE**

<table>
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<tr>
<th>Last Name</th>
<th>First Name</th>
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**Nine Digit OSIS# “REQUIRED”**

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<th>Date(s) of Absence</th>
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**Explanation of Absence:** (use other side if necessary)

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**Parent/Guardian Signature**

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<th>Date</th>
<th>Telephone Number</th>
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PRESENT TO ATTENDANCE OFFICE - ROOM 029- ON THE DAY YOU RETURN

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### PART B

**Bronx High School of Science**

**STUDENT RECORD OF ABSENCE**

To the Teacher: Please initial and return to the student. (Mark “N” on Delaney Card)

To the Student: Ask all your teachers to sign and keep for your records.

**ABSENCE NOTE**

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# Asthma Action Plan

[To be completed by Health Care Provider]

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<tr>
<th>Name</th>
<th>Date of Birth</th>
<th>Medical Record #:</th>
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<th>Address</th>
<th>Emergency Contact/Phone</th>
<th>Updated On:</th>
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<th>Health Care Provider Name</th>
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**Asthma Severity:**
- □ Mild Intermittent
- □ Mild Persistent
- □ Moderate Persistent
- □ Severe Persistent

**Asthma Triggers:**
- □ Colds
- □ Exercise
- □ Animals
- □ Dust
- □ Smoke
- □ Food
- □ Weather
- □ Other

## If Feeling Well

You have all of these:
- Breathing is good
- No cough or wheeze
- Can work / play
- Sleeps all night

Peek flow in this area: ______ to ______

**Take Every Day Long-Term Control Medicines**

<table>
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<tr>
<th>MEDICINE:</th>
<th>HOW MUCH:</th>
<th>WHEN TO TAKE IT:</th>
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5-15 minutes before exercise use this medicine

## If Not Feeling Well

You have any of these:
- Cough
- Wheeze
- Tight chest
- Coughing at night

Peek flow in this area: ______ to ______

**Take Every Day Medicines and Add these Quick-Relief Medicines**

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<tr>
<th>MEDICINE:</th>
<th>HOW MUCH:</th>
<th>WHEN TO TAKE IT:</th>
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Call doctor if these medicines are used more than two days a week.

## If Feeling Very Sick

Your asthma is getting worse fast:
- Medicine is not helping
- Breathing is hard and fast
- Nose opens wide
- Can’t walk or talk well
- Ribs show

Peek flow reading below: ______

**Take These Medicines and Get help from a Doctor NOW!**

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<tr>
<th>MEDICINE:</th>
<th>HOW MUCH:</th>
<th>WHEN TO TAKE IT:</th>
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**SEEK EMERGENCY CARE or CALL 911 NOW if:** Lips are bluish, Getting worse fast, Hard to breathe, Can’t talk or cry because of hard breathing or has passed out

Make an appointment with your primary care provider within two days of an ER visit or hospitalization

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<th>Health Care Provider Signature</th>
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<tr>
<th>Patient/Guardian Signature (I have read and understood these instructions)</th>
<th>Date</th>
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New York City Department of Health and Mental Hygiene
Michael R. Bloomberg, Mayor
Thomas R. Frieden, M.D., M.P.H., Commissioner
nyc.gov/health

New York City Asthma Initiative
Adapted from Finger Lakes Asthma Action Plan and NHLBI
Revised 09/04

NYC Health

WHITE - PATIENT COPY
YELLOW - SCHOOL/DAY CARE COPY
PINK - PROVIDER COPY

27
### Physical Examination
- **Height**: cm (___ ___ %ile)
- **Weight**: kg (___ ___ %ile)
- **BMI**: kg/m² (___ ___ %ile)
- **Head Circumference (age ≤2 yrs)**: cm (___ ___ %ile)

### General Appearance
- **Nail**: [ ] Abnormal
- **Skin**: [ ] Abnormal
- **Hair**: [ ] Abnormal
- **Psychosocial Development**: [ ] Abnormal
- **Language**: [ ] Abnormal
- **Behavior**: [ ] Abnormal

### Developmental (age 0-6 yr)
- **Within normal limits**
- **IQ**:
- **Motor**:

### Screening Tests
- **Blood Lead Level (BLL)**
  - **Date**: ___ / ___ / ___
  - **Result**: µg/dL
- **Lead Risk Assessment**
  - **Any risk**: [ ] Yes
  - **At risk**: [ ] Yes
- **Hearing**
  - **Pure tone audiometry**: [ ] Normal
  - **OAE**: [ ] Normal
- **Hemoglobin or Hematocrit**:
  - **Date**: ___ / ___ / ___
  - **Result**: g/dL (%)

### Immunizations – Dates
- **OR Number**:
  - **Hep B**: ___ / ___ / ___
  - **Rotavirus**: ___ / ___ / ___
  - **DTaP/HTd/DT**: ___ / ___ / ___
  - **Hib**: ___ / ___ / ___
  - **PCV**: ___ / ___ / ___
  - **Polio**: ___ / ___ / ___

### Recommendations
- **Full physical activity**: [ ]
- **Full diet**: [ ]
- **Restrictions (specify)**: __________
- **Follow-up needed**: [ ]
  - **Appt. date**: ___ / ___ / ___
- **Referral(s)**: [ ] None
  - **Early Intervention**: [ ]
  - **Special Education**: [ ]
  - **Dental**: [ ]
  - **Vision**: [ ]

### Assessment
- **Well Child (V20.2)**: [ ]
- **Diagnoses/Problems (list)**: __________

### Physician Signature
- **Date**: ___ / ___ / ___
- **Provider License No. and State**: __________
- **National Provider Identifier (NPI)**: __________
- **Fax**: __________
# SPORTS PHYSICAL FORM

**DEPARTMENT OF HEALTH * THE CITY OF NEW YORK * BOARD OF EDUCATION**

**INTERSCHOLASTIC * SPORTS EXAMINATION * — CONFIDENTIAL**

**PART I** to be filled in Student’s Health folder

<table>
<thead>
<tr>
<th>O.S.I.D.</th>
<th>I.D. #</th>
<th>NAME:</th>
<th>SCHOOL:</th>
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<tr>
<th>TELEPHONE:</th>
<th>DATE OF BIRTH:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SPORT:</th>
<th>EMERGENCY TELEPHONE:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PARENTAL PERMISSION:** I have reviewed the **STUDENTS MEDICAL HISTORY** section below and I agree with the answers. I give permission for ________________ to have a physical examination. I understand that completion of the Maturation Index is optional.

<table>
<thead>
<tr>
<th>SIGNATURE:</th>
<th>RELATIONSHIP:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**DATE:** ________________

**CLINICIAN’S RECOMMENDATIONS**

Based on my review of the history and physical examination as noted below and on the back of this form, and review of the guidelines on P. 4, this student:

1. **May participate in the following sports:**
   - **CONTACT**
   - **ENDURANCE**
   - **OTHER**

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>ENDURANCE</th>
<th>OTHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Gymnastics</td>
<td></td>
</tr>
<tr>
<td>Baseball</td>
<td>Swimming</td>
<td></td>
</tr>
<tr>
<td>Basketball</td>
<td>Track &amp; Field</td>
<td></td>
</tr>
<tr>
<td>Soccer</td>
<td>Cross-country</td>
<td></td>
</tr>
<tr>
<td>Hockey</td>
<td>Tennis</td>
<td></td>
</tr>
<tr>
<td>Wrestling</td>
<td>Volleyball</td>
<td></td>
</tr>
<tr>
<td>Lacrosse</td>
<td>Handball</td>
<td></td>
</tr>
<tr>
<td>Softball</td>
<td>Fencing</td>
<td></td>
</tr>
</tbody>
</table>

**DATE OF LAST TETANUS BOOSTER:**

2. **Special conditions for participation (e.g., pre-exercise medication or protective equipment), if any:**

<table>
<thead>
<tr>
<th>DATE</th>
<th>SIGNATURE:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TELEPHONE:</th>
<th>NAME: (PRINT)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CLINICIAN (PRINT)</td>
</tr>
</tbody>
</table>

| REGISTRY #: |  |
|-------------|-

**STUDENT’S MEDICAL HISTORY**

(To be filled out by student and parent)

<table>
<thead>
<tr>
<th>Has anyone in your family under age 45 died suddenly?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes □ No □</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Have you ever had:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concussion or been knocked out? Yes □ No □</td>
</tr>
<tr>
<td>Fainting? Yes □ No □</td>
</tr>
<tr>
<td>Heat Stroke? Yes □ No □</td>
</tr>
<tr>
<td>Epilepsy, seizures, or fits? Yes □ No □</td>
</tr>
<tr>
<td>Head or neck injury? Yes □ No □</td>
</tr>
<tr>
<td>Very bad vision in one or both eyes? Yes □ No □</td>
</tr>
<tr>
<td>Do you wear glasses, contacts, other? Yes □ No □</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Have you ever had:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hearing loss or deafness? Yes □ No □</td>
</tr>
</tbody>
</table>

**Clinician’s Comments**

25-1190.00.5 10/88 (REV. 3/88)
**SPORTS PHYSICAL FORM PAGE 2**

**STUDENT’S MEDICAL HISTORY**

<table>
<thead>
<tr>
<th>(To be filled out by student and parent)</th>
<th>Clinician’s Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perforated ear drum or “tubes” in ears? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Draining ears? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Have you ever had:</td>
<td></td>
</tr>
<tr>
<td>Sinus problems or hay fever Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Braces or removable false teeth Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Have you ever had:</td>
<td></td>
</tr>
<tr>
<td>Any broken bones? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Dislocation or other serious problem? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Serious foot problem? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Back injury or frequent backaches? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Ankle or knee injury or problem? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Other joint problems? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Do you have a hernia? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Boys: Any problems with testicles? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Girls: Any menstrual problem? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Age at first menstrual period?</td>
<td></td>
</tr>
<tr>
<td>Do you miss school because of your period? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Have you ever had:</td>
<td></td>
</tr>
<tr>
<td>Diabetes? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Single illness for more than 10 days? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Any operations? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Easy bruising or bleeding tendency? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Anemia Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Asthma? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Bee sting allergy? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Other allergies (food or medicine) No ☐</td>
<td></td>
</tr>
<tr>
<td>Heart trouble or murmurs? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>High blood pressure? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Cough lasting more than 3 weeks? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Chest pain or faintness with exercise? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Kidney problems? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Skin infections? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Do you take any medicines? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Do you smoke? Yes ☐ No ☐</td>
<td></td>
</tr>
<tr>
<td>Have you ever been told not to play any sport because of your health? Yes ☐ No ☐</td>
<td></td>
</tr>
</tbody>
</table>

**PHYSICAL EXAMINATION**

A complete physical examination for all students is recommended. Omission of the Maturation Index will not disqualify a student from participation.

<table>
<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>Pulse</th>
<th>Blood Pressure</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Corrected: L 20/ R 20/</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Vision Uncorrected: L 20/ R 20/</th>
<th>Normal</th>
<th>Abnormal</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eyes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ENT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mouth &amp; Teeth</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neck</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cardiovascular</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lungs, Chest</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abdomen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genitalia (Hernia)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maturation Index</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Extremities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orthopedic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neuromuscular</td>
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</tr>
</tbody>
</table>

**Other tests, if done (Lab, ECC, etc.):**

**Assessment:**

**Plan:**

---

**Doctor’s Stamp Required!**

NOTE: All lines must be completed. All medical forms must have the doctor’s signature and stamp. Incomplete forms will result in its’ return to student and will prevent students from trying out for team sport.